

CSI State Championship Time Standards
2010 Time Standard

Women			10 & Under	Men		
LCM	SCM	SCY	Event	LCM	SCM	SCY
0:36.29	0:35.49	0:31.99	50 Free	0:36.99	0:36.19	0:32.59
1:19.49	1:17.89	1:10.19	100 Free	1:21.89	1:20.29	1:12.39
2:58.89	2:55.69	2:38.29	200 Free	3:03.69	3:00.49	2:42.59
0:43.19	0:42.59	0:38.39	50 Back	0:45.09	0:44.49	0:40.09
1:33.29	1:32.09	1:22.99	100 Back	1:36.59	1:35.39	1:25.99
0:49.39	0:48.39	0:43.69	50 Breast	0:51.49	0:50.49	0:45.49
1:47.19	1:45.19	1:34.79	100 Breast	1:51.89	1:49.89	1:38.99
0:41.59	0:40.89	0:36.79	50 Fly	0:43.69	0:42.99	0:38.69
1:41.59	1:40.19	1:30.29	100 Fly	1:50.99	1:49.59	1:38.69
	1:30.99	1:21.99	100 IM		1:35.09	1:25.69
3:20.99	3:17.79	2:58.19	200 IM	3:28.39	3:25.19	3:04.79

11-12/12&U

LCM	SCM	SCY	Event	LCM	SCM	SCY
0:32.29	0:31.49	0:28.39	50 Free	0:32.89	0:32.09	0:28.89
1:10.49	1:08.89	1:02.09	100 Free	1:12.19	1:10.59	1:03.59
2:34.09	2:30.89	2:15.99	200 Free	2:38.29	2:35.09	2:19.69
5:26.59	5:20.19	6:05.89	400/500 Free	5:41.09	5:34.69	6:22.19
0:37.59	0:36.99	0:33.29	50 Back	0:38.99	0:38.39	0:34.59
1:20.79	1:19.59	1:11.79	100 Back	1:23.79	1:22.59	1:14.39
2:56.99	2:54.59	2:37.29	200 Back	3:06.09	3:03.69	2:45.49
0:42.59	0:41.59	0:37.49	50 Breast	0:44.29	0:43.29	0:38.99
1:32.89	1:30.89	1:21.89	100 Breast	1:37.69	1:35.69	1:26.19
3:22.49	3:18.49	2:58.79	200 Breast	3:36.49	3:32.49	3:11.49
0:35.69	0:34.99	0:31.59	50 Fly	0:36.89	0:36.19	0:32.59
1:22.19	1:20.79	1:12.79	100 Fly	1:26.89	1:25.49	1:17.09
3:10.99	3:08.19	2:49.59	200 Fly	3:15.79	3:12.99	2:53.89
	1:19.49	1:11.69	100 IM		1:22.09	1:13.99
2:53.09	2:49.89	2:32.99	200 IM	3:00.29	2:57.09	2:39.59
6:13.59	6:07.19	5:30.89	400 IM	6:32.39	6:25.99	5:47.69

13-14

LCM	SCM	SCY	Event	LCM	SCM	SCY
0:30.39	0:29.59	0:26.69	50 Free	0:29.49	0:28.69	0:25.89
1:05.89	1:04.29	0:57.89	100 Free	1:04.09	1:02.49	0:56.29
2:23.19	2:19.99	2:06.09	200 Free	2:21.39	2:18.19	2:04.59
5:00.99	4:54.59	5:37.19	400/500 Free	5:02.19	4:55.79	5:38.59
10:54.49	10:41.69	12:13.29	800/1000 Free	10:52.59	10:39.79	12:11.19
20:49.09	20:25.09	20:24.59	1500/1650 Free	21:13.09	20:49.09	20:48.09
1:15.49	1:14.29	1:06.99	100 Back	1:14.49	1:13.29	1:05.99
2:41.99	2:39.59	2:23.79	200 Back	2:41.19	2:38.79	2:23.09
1:26.49	1:24.49	1:16.09	100 Breast	1:26.09	1:24.09	1:15.79
3:04.79	3:00.79	2:42.89	200 Breast	3:06.99	3:02.99	2:44.89
1:15.09	1:13.69	1:06.39	100 Fly	1:14.19	1:12.79	1:05.59
2:53.39	2:50.59	2:33.69	200 Fly	3:03.49	3:00.69	2:42.79
2:37.29	2:34.09	2:18.89	200 IM	2:34.19	2:30.99	2:15.99
5:48.89	5:42.49	5:08.49	400 IM	5:50.89	5:44.49	5:10.39

Open

LCM	SCM	SCY	Event	LCM	SCM	SCY
0:29.29	0:28.49	0:25.69	50 Free	0:26.69	0:25.89	0:23.29
1:03.59	1:01.99	0:55.79	100 Free	0:58.39	0:56.79	0:51.19
2:17.29	2:14.09	2:00.79	200 Free	2:06.79	2:03.59	1:51.29
4:50.69	4:44.29	5:25.69	400/500 Free	4:35.49	4:29.09	5:08.59
10:17.39	10:04.59	11:31.79	800/1000 Free	10:05.39	9:52.59	11:18.29
20:14.99	19:50.99	19:51.09	1500/1650 Free	19:32.29	19:08.29	19:09.29
1:12.19	1:10.99	1:03.89	100 Back	1:06.69	1:05.49	0:58.99
2:37.49	2:35.09	2:19.69	200 Back	2:25.69	2:23.29	2:09.09
1:22.19	1:20.19	1:12.19	100 Breast	1:13.19	1:11.19	1:04.09
2:59.99	2:55.99	2:38.59	200 Breast	2:50.69	2:46.69	2:30.09
1:11.29	1:09.89	1:02.99	100 Fly	1:04.59	1:03.19	0:56.89
2:42.69	2:39.89	2:24.09	200 Fly	2:34.89	2:32.09	2:16.99
2:35.49	2:32.29	2:17.19	200 IM	2:22.29	2:19.09	2:05.29
5:34.09	5:27.69	4:55.19	400 IM	5:15.99	5:09.59	4:38.89